

Course Syllabus

1	Course title	Community Nutrition
2	Course number	0603435
3	Credit hours (theory, practical)	3 hrs (2, 1)
	Contact hours (theory, practical)	2, 3 hrs per class
4	Prerequisites/corequisites	Human Nutrition and Metabolism
5	Program title	BSc. in Nutrition and Dietetics
6	Program code	043
7	Awarding institution	University of Jordan
8	School	Agriculture
9	Department	Nutrition and Food Technology
10	Level of course	3rd or 4th year
11	Year of study and semester (s)	Fall semester
12	Final Qualification	BSc
13	Other department (s) involved in teaching the course	None
14	Language of Instruction	English
15	Date of production/revision	2019

16. Course Coordinator:

Office numbers, office hours, phone numbers, and email addresses should be listed.
 Dr. Tamara Y. Mousa.
 Office no. 64
 Office phone no. 22413, cell phone no 0795008407
 Email: t.mousa@ju.edu.jo
 Office hours: Sun, Mo, Tue, Wed 11-12

17. Other instructors:

Office numbers, office hours, phone numbers, and email addresses should be listed.

None

18. Course Description:

As stated in the approved study plan.
 Study of community, community nutrition system, community nutritionist, community nutrition programs; community characterization, organization, and management. Program planning, nutrition intervention programs, nutrition education and food advertisement, group feeding programs, food and nutrition policy, and environment.

19. Course aims and outcomes:

<p>A- Aims: Upon completion of this course, the student will be able to:</p> <ol style="list-style-type: none"> 1. Acquire the knowledge and skills and know the tools that constitute the background of the community nutrition and facilitate the role of community nutritionist. 2. Understand the structure of a community in relation to nutrition and health. 3. Know the different kinds of agencies and organizations that conduct nutrition programs and provide related services. 4. Acquire the philosophy and principles of techniques used in: community organizations, management, planning, nutritional assessment, public and professional education. 5. Know the sources for instructional materials suitable for use in community nutrition programs and how to develop new materials. 6. Develop a professional philosophy and a value system that will determine the personal approach to community nutrition problems and help improving eating practices.
<p>B- Intended Learning Outcomes (ILOs): Upon successful completion of this course students will be able to</p>
<p>A. Knowledge and Understanding: Student is expected to</p> <p>A1- Learn and understand the theoretical basics of community nutrition. A2- Understand the fundamentals of community nutrition programs (CNP). A3- Have information about the services and organizations with related activities to CNP</p>
<p>B. Intellectual Analytical and Cognitive Skills: Student is expected to</p> <p>B1- Realize the role of community nutritionist. B2- Acquire the philosophy and principles of techniques used in CNP. B3- Master and dominate the sources of instructional materials suitable for CNP.</p>
<p>C. Subject- Specific Skills: Students is expected to</p> <p>C1- Know how to develop, implement and maintain CNPs. C2- Learn by knowing how to manage nutrition interventions in the community. C3- Develop a personal-philosophy system as a community nutritionist.</p>
<p>D. Transferable Key Skills: Students is expected to</p> <p>D1- Be enabled to determine the personal approach of the community nutritionist. D2- Participate and carry out the national strategies in food and nutrition security. D3- Identify the appropriate action for prevention and treatment of nutritional problems.</p>

20. Topic Outline and Schedule:

Topic	Week	Instructor	Achieved ILOs	Evaluation Methods	Reference
Introduction; Roles of community nutritionist; Factors influencing the nutrition status in the community; Characterization	1	Tamara Mousa	A1-A3 B1-B3 C1-C3	Exams, assignments, presentation, and a report	- M. Boyle & D. Holben. (2017). Community Nutrition in Action: An Entrepreneurial Approach. Wadsworth, Cengage

of the community					Learning. 7 th edition.
Community needs assessment	2	Tamara Mousa	B1-B3 C1-C3 D1-D3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017
Program planning for success	3-4	Tamara Mousa	B1-B3 C1-C3 D1-D3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017
Principles of epidemiology; Nutritional status assessment	5	Tamara Mousa	B1-B3 C1-C3 D1-D3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017
Managing community nutrition programs	6	Tamara Mousa	A1-A3 B1-B3 C1-C3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017
Marketing nutrition & health promotion	7-8	Tamara Mousa	D1-D3 C1-C3 B1-B3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017
Understanding & achieving behavior change	9-10	Tamara Mousa	B1-B3 C1-C3 D1-D3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017
Principles of nutrition education	10-11	Tamara Mousa	D1-D3 C1-C3 B1-B3	Exams and homework	Boyle & Holben, 2017
The art & science of policy making	12	Tamara Mousa	D1-D3 C1-C3 B1-B3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017
A national nutrition agenda for public health	13	Tamara Mousa	A1-A3 B1-B3 C1-C3	Exams and Exams, assignments, presentation, and a report	Boyle & Holben, 2017
Gaining cultural competence in community nutrition	14	Tamara Mousa	A1-A3 B1-B3 C1-C3 D1-D3	Exams, assignments, presentation, and a report	Boyle & Holben, 2017

21. Teaching Methods and Assignments:

Development of ILOs is promoted through the following teaching and learning methods:

Lectures, group discussion, assignments, and student critical reading. Teaching tools include the use of the board, transparencies, PowerPoint presentation and handouts.

22. Evaluation Methods and Course Requirements:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Exams, quizzes, homework, assignments, class discussions, and presentations about various community programs.

23. Course Policies:

A- Attendance policies: after 6 unjustified absences, the student is dismissed from the course.

B- Absences from exams and handing in assignments on time: late assignments are accepted with justified excuse but with losing one point of the total grade of the assignment.

In case of missing an exam, the student can do a make-up exam only if he had a justified excuse.

C- Health and safety procedures: phone, cigarettes and hot drinks are not allowed in the class.

D- Honesty policy regarding cheating, plagiarism, misbehaviour: the student is given a notice about his behaviour, if he did not behave then will have to leave the class and see the head of the department

E- Grading policy: each wrong answer will lose a point

F- Available university services that support achievement in the course: availability of smart boards to display information to the students.

24. Required equipment: (Facilities, Tools, Labs, Training....)

Aside from the classroom, this course requires a lab that contains tools to be displayed during the lab session such as food models, posters and measurement utensils.

25. References:

Required book (s), assigned reading and audio-visuals:

- M. Boyle & D. Holben. (2017). Community Nutrition in Action: An Entrepreneurial Approach. Wadsworth, Cengage Learning. 7th edition.

Recommended books, materials, and media:

- El Masri, K. (2013) Community Nutrition: Planning of community nutrition programs. Dar Hunin. (Arabic/English).

- Obert, K.C., (1978) Community Nutrition. J. Wiley.

- Wright, H.S. and L.S. Sims (1981). Community Nutrition. Wadsworth. McLaren, D.S. (1983) Nutrition in the Community, 2nd Edition.

- J Wiley. Jelliffe D.B. and E.F.B. Jelliffe (1989). Community Nutritional Assessment. Oxford University Press

26. Additional information:

None

Name of Course Coordinator: Dr. Tamara Y. Mousa Signature: ----- Date: 22/10/2019

Head of curriculum committee/Department: ----- Signature: -----

Head of Department: Dr. Maher Al-Dabbas Signature: -----

Head of curriculum committee/Faculty: ----- Signature: -----

Dean: ----- -Signature: -----